



TOP TIP: Make sure you look out for how you're developing these skills as you're planning your project. Volunteer Panel Members will ask you about them when you pitch your idea!

As you complete the KEY+ Challenge, you'll develop important skills for your future. We call these the 12 Key Skills and you can find them below, split into three categories - Self, Relationship and Task. As a group, use the boxes below to discuss when you have used the 12 Key Skills.

Self skills



Relationship skills



Task skills

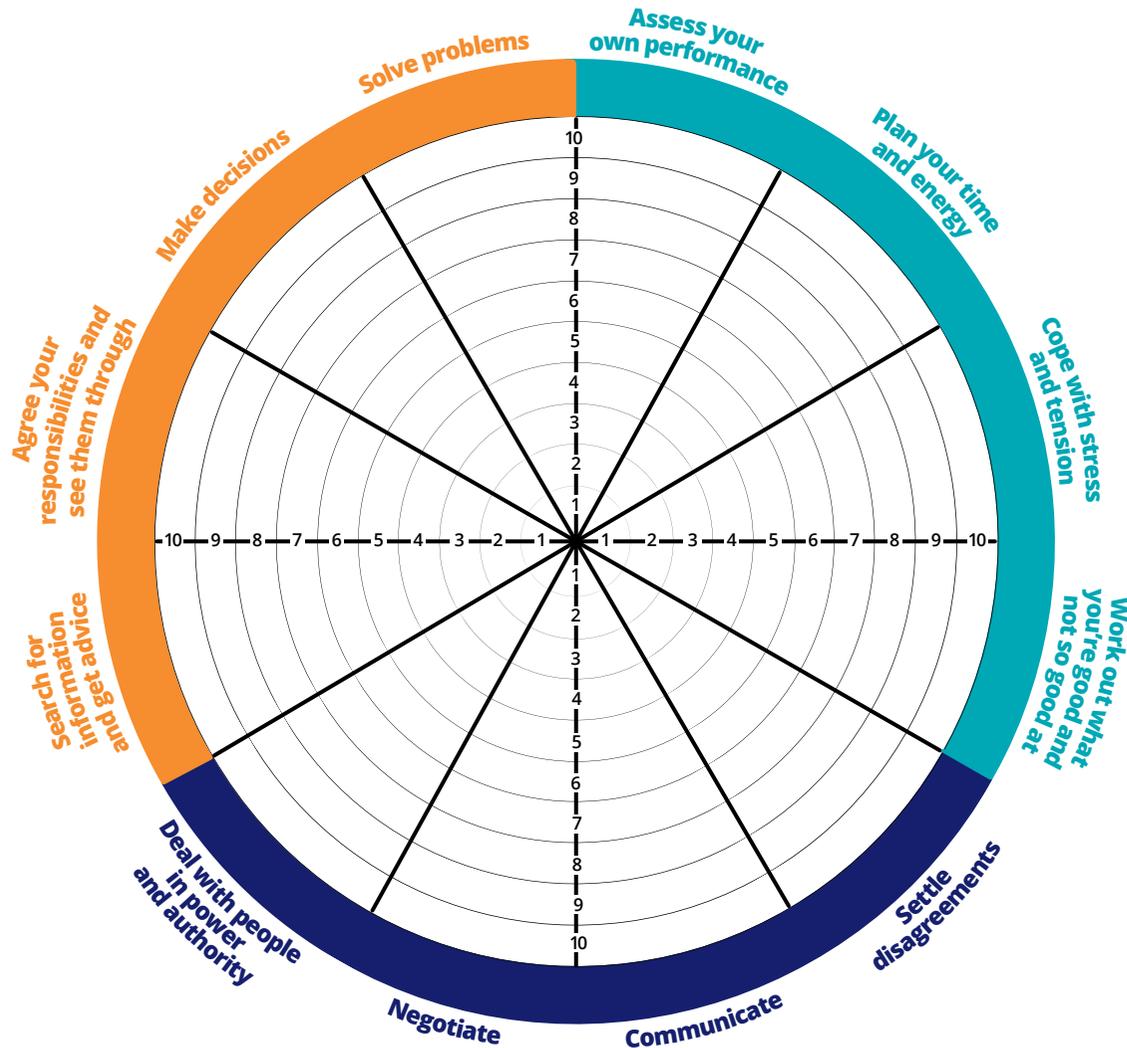




Think Skills Wheel

Stage 1 - Kickstart Skills

As you go through the KEY+ Challenge, our Skills Wheel will help you to keep track of how you are developing the 12 Key Skills so you can look back and see how your skills are changing as you move through the project.



REMEMBER: Your project is a great chance to use and develop the 12 Key Skills. To help, we've highlighted three skills on each page that you may develop as you focus on each task.

SKILLS YOU MIGHT USE



What are your three strongest skills?

Choose three skills to develop during Stage 1?

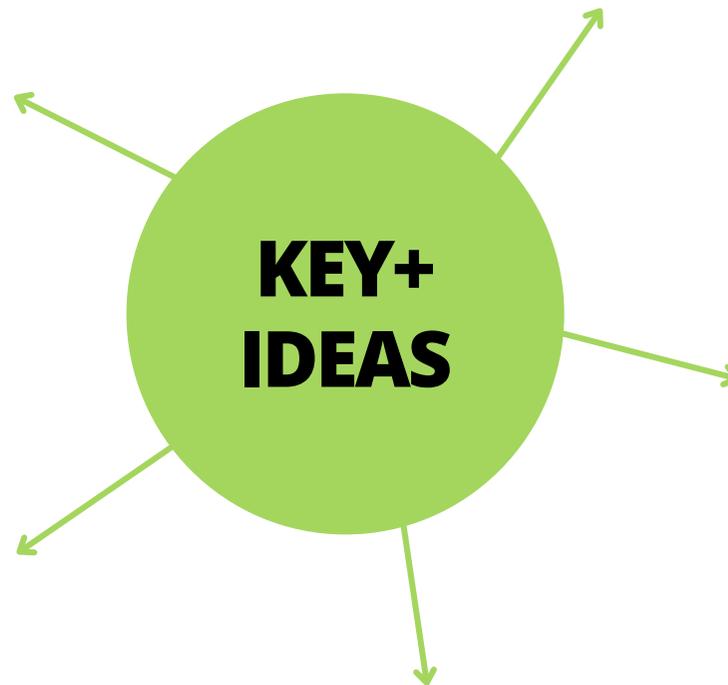
How might you improve on these skills during your project?



Think - What's your project idea?

Now, think about what you'd like to do for your project. Come up with five ideas, and then, as a team, decide which idea you're going to do for your project.

SKILLS YOU MIGHT USE



Our final idea is...



Think - What's your project idea?

Now you have decided on your idea, it's time to break down your project and explain it in detail.

SKILLS YOU MIGHT USE



What is the overall aim of your project?

What will your project involve? What will you be doing?

Will you experience anything new? If so, what?

How will you use the 12 Key Skills?

Will your project benefit people outside of the group? If yes, how many people will benefit and how?

When will you PITCH your project?

When will you DO your project?



BUDGET - How will you use the money?

When pitching your project you need to show the panel how you plan to spend your money

SKILLS YOU MIGHT USE



Item	Price per item (£)	Quantity	Total cost (£)
<i>Example: Metro Tickets</i>	1.80	5	9.00



TOP TIP: Research different shops to find the cheapest place for your items to stretch your budget further.

TOTAL

KEY+

PITCH - Notes

SKILLS YOU MIGHT USE



Introduce and tell us about yourself

How did your group first form?

Describe your project. Why you want to do it?

Explain your budget

Which of the 12 Key Skills have you used so far? How?

Which of the 12 Key Skills will you use during the project? How?



TOP TIP: Use the answers to these questions to ensure you have everything in your pitch.



TOP TIP: Refer back to your skills wheel when answering these questions about the skills.



Do - Timings

It is now time to plan your day! Whether you're planning a fun day out or you are planning a social action project. Use this page to plan **what** you're doing, **when** you're doing it and **where** you'll be doing it.

SKILLS YOU MIGHT USE



Activity	Location	Start Time	Finish Time



TOP TIP: When travelling, give yourself some wiggle room in case your bus is late or the traffic is bad.